



MS Service Provision in the UK 2019: Raising the Bar

8 & 9 July 2019 – Birmingham Conference and Events Centre (BCEC)

Day 1: Monday, 8 July 2019

12:30 **Arrival – lunch and registration (Poster session)**

13:30 **Welcome and introduction and setting of priorities**

Prof Gavin Giovannoni (Professor of Neurology, Barts and The London)

13:45 **Lifelong brain health as a target for MS service provision**

Prof Gavin Giovannoni (Professor of Neurology, Barts and The London)

Objective: To highlight the importance of the holistic management of MS with a focus on QoL and wellness as a treatment target for MS service.

14:00 **Discussion**

14:30 **Access to MS services: Can we improve on the current hub and spoke model?**

Sue Thomas (CEO Commissioning Excellence, Wilmington Healthcare) and Martin Fischer (Director, Fischer Associates Ltd)

Objective: To review the current provision of MS specialist services in the context of how the NHS is being configured. The role of payers, for example, NHSE, in determining who can provide MS services. In addition, the emerging role of technology in improving access to MS services will be reviewed.

15:00 **Discussion**

15:30 **Refreshment break and check-in**

16:00 **From ideas to action: How do we get the change we are looking for?**

Jerry Clough (Programme Director, OPTUM)

Objective: This session will examine how we can get MS services across the UK working together, towards a common purpose, and how this could deliver on the ambition of reducing variation and improving the quality of diagnosis and care for people with MS.

16:20 **Discussion**

17:00 **Collaborative practice: working differently with patients and people in communities**

Alyson McGregor (National Director, Altogether Better)

Objective: To inspire us on how to work differently using a collaborative model using examples from other areas. How to judge success?

- 17:20 Discussion**
- 18:00 Comfort break and check into bedrooms/change**
- 19:00 Pre-dinner drinks, discussion and poster session continued**
- 19:45 Dinner**
- 20:00 Dinner speech (during starter and main)**
Caroline Wyatt (Broadcaster and MS Patient)

Objective: To give us a personal perspective of what it is like to have MS and how to navigate the NHS to get what you want.

Day 2: Tuesday, 9 July 2019

- 08:00 Registration (poster session)**
- 08:30 Update from day 1**
Prof Gavin Giovannoni (Professor of Neurology, Barts and The London)
- 08:45 The need for leadership to effect change**
Prof Gabriele De Luca (Consultant Neurologist, Oxford University Hospitals NHS Foundation Trust) and Barbara Hoese (President, Pentecore Coaching, LLC)

Objective: To review the difference between leadership and management and stress why leadership skills are required to effect change. Review a planned leadership training programme for potential change agents.
Apply for MS Academy Leadership Programme

- 10:00 Refreshment break**
- 10:30 Workstream session 1 – delegates to move to chosen groups**
Choice of A (Data) and B (Patients as partners)

Workstream A (Data, Mercian Room):

Understanding and using available data e.g. HES and Blueteq to drive insight and change

Dr David Rog (Consultant Neurologist, Salford Royal NHS Foundation Trust) and Hassan Chaudhury (Director, Health IQ) and Joela Mathews (Neuroscience Pharmacist, Barts Health NHS Trust)

Objective: To provide you with an overview of what data is already available to assess your service and how you can use this data to make a case for expanding, reconfiguring or changing your MS service to address the objectives of this initiative.

Workstream B (Patients as partners, ground floor):

Rob Sloan (Service Designer, Shift.ms)

Objective: The vision here is for every MS centre in the UK to run an expert patient course designed for pwMS. We envisage the course to cover issues such as: (1) navigating the NHS when you have MS, (2) understanding your MS service, (3) self-monitoring, (4) self-management and (5) other initiatives for pwMS to help with the development and running of their MS services.

12:15 Networking lunch – poster session

13:00 Workstreams session 2 – delegates to move to chosen groups
Choice of C (Audit), D (Social Determinants of Health) and E (Wellness and Lifestyle)

Workstream C (Audit, Mercian Room):

What to measure, how to measure it and how to present the data in a useful way?

Prof Jeremy Hobart (Professor of Clinical Neurology and Health Measurement, Plymouth University Peninsula Schools of Medicine and Dentistry), Sue Thomas (CEO Commissioning Excellence, Wilmington Healthcare) and Rachel Morrison (MS Specialist Nurse, NHS Western Isles)

Objective: This workstream will focus on implementing a pragmatic data collection protocol as part of a national rolling audit and quality improvement programme.

Workstream D (Social determinants of health, ground floor):

How can we as HCPs address social determinants of health?

Dr Helen Ford (Consultant Neurologist, Leeds) and Prof Gavin Giovannoni (Professor of Neurology, Barts and The London)

Objective: To review how the social determinants of health affect disease, and MS, outcomes. To discuss social capital and how social prescribing may be useful for improving the QoL of people with MS.

Workstream E (Wellness and lifestyle, ground floor):

How to incorporate wellness and lifestyle interventions into clinical practice?

Dr Agne Straukiene (Consultant Neurologist, Torbay and South Devon NHS Foundation Trust)

Objective: To review the evidence that wellness and lifestyle interventions improved MS outcomes and define measurable outcomes in this area.

14:30 Regroup in the main meeting room

Objective: Chair presentations and discussions 6x6 mins each (60 mins)

15:30 Refreshment break



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16:00 **Poster presentations 1, 2 and 3**
& overall discussion of posters and the potential impact of the examples on service outcomes

16:30 **Room to choose the best practice model and the winner announced**

16:35 **What next and open discussion**
Prof Gavin Giovannoni (Professor of Neurology, Barts and The London)

Objectives: To ratify or adapt objectives, agree on a name for the initiative, for example 'Raising the Bar' and to focus the group on a few key outcomes and results for the next 12 months.

17:00 **Close of meeting**